

San Diego Public Library: Free Adult Workshop



Neurodiversity 101

Thursday, March 7, 2024

11:00 AM – 12:00 PM

Tierrasanta Library

We all know someone who is neurodivergent. Learn about the most common neurodevelopmental experiences plus actionable steps to not only improve your own functioning but also to better support and be inclusive of students, colleagues, and community and family members.



Brain Balance of Greater San Diego
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