



## **Free Workshop – Heart Disease: What Is My Risk?**

Presented by Sharp HealthCare

**Tuesday, October 8, 2019**

**4:30 to 5:30 p.m.**

**Pacific Beach/Taylor Branch Library**

**4275 Cass Street**

**San Diego, CA 92109**

Cardiovascular disease is the leading cause of death in the United States and the symptoms aren't always obvious. Attend a free health workshop to get the facts about heart disease and ways you can help reduce your risk.

**To register, call 1-800-82-SHARP (1-800-827-4277) or visit [sharp.com/citywellness](http://sharp.com/citywellness).**

Sharp HealthCare is proud to be the official Health and Wellness Partner of the City of San Diego.

*District 2 Councilmember Jennifer Campbell is a proud supporter of this workshop.*