



Free Health Workshop – Heart Attack and Stroke Risk Factors

Presented by Sharp HealthCare

Tuesday, January 28, 2020

5:30 to 6:30 p.m.

Pacific Beach/Taylor Branch Library

4275 Cass Street

San Diego, CA 92109

Cardiovascular disease is the leading cause of death in the United States. Attend a free health workshop to discuss important risk factors, understand the role of family history in your own heart health and learn preventive lifestyle practices to support your heart.

To register, call 1-800-82-SHARP (1-800-827-4277) or visit sharp.com/citywellness.

Sharp HealthCare is proud to be the official Health and Wellness Partner of the City of San Diego.

District 2 Councilmember Jennifer Campbell is a proud supporter of this workshop.