

HEALTHY FAMILIES AND COVID-19 PREVENTION

Wear your face mask at all times and practice social distancing

Implement proper hand washing and sanitation to prevent the spread of COVID-19

Children, youth, and their families should stay home when experiencing COVID-19 related symptoms

Perform COVID-19 tests at local testing sites

For more information visit [cdc.gov](https://www.cdc.gov)

SCHEDULE FREE COVID-19 VACCINATION

Find a vaccination site in San Diego

Step 1: Visit the "SanDiegoCounty.gov" website

Step 2: Under Popular Services, click "COVID-19"

Step 3: Click "Vaccination sites" and search for a vaccination site near you

Step 4: Choose a vaccination site and click "Schedule an Appointment"

If you have any questions or need assistance with scheduling an appointment, please email us at nparada@harmoniumsd.org