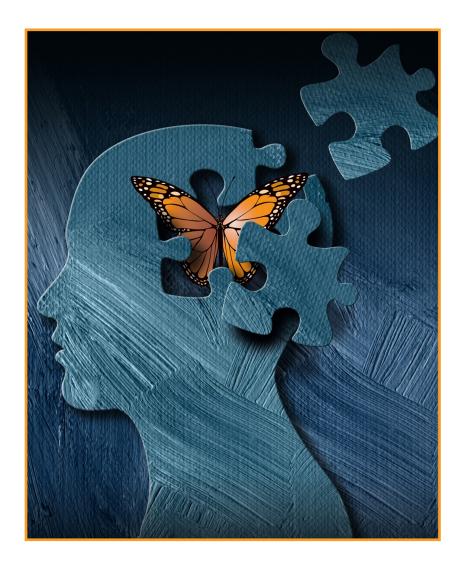
Healthy Aging

Wednesday
June 21 • 12:30pm
Seminar Room



Have you heard of neuroplasticity?
Understand what happens to our brain and body as we age and take away best practices to improve brain health including enhancing your cognitive, physical, social, and emotional functioning.





