## Dementia 101





An **introduction** to mild cognitive impairment, Alzheimer's disease, and other dementias. Learn information about **risk factors, common symptoms, and resources for help**.

FREE & open to the community! For more information or to preregister visit alzsd.org/classes or call (858) 492-4400.



Wednesday, August 23, 2023

10 - 11:30 AM

Valencia Park / Malcolm X Library 5148 Market St

San Diego, CA 92114

## Sign up:



