

How to Talk About Memory Loss



Learn how to plan for successful, **lower-stress family discussions** about difficult topics like changes in memory, driving, and living alone.

FREE & open to the community!

For more information or to pre-register visit alzsd.org/classes or call **(858) 492-4400**.



**Wednesday,
September 27, 2023**

10 - 11:30 AM

**Valencia Park /
Malcolm X Library**

**5148 Market St
San Diego, CA 92114**

Sign up:

