



SKYLINE HILLS LIBRARY



YOGA CLASS



**FRIDAY, APRIL
5TH, 12TH, 19TH, AND 26TH
10:45 AM TO 11:30 AM**

**JOIN US FOR A LOW-IMPACT YOGA
INSTRUCTION WITH STRETCHING
AND BREATHING TECHNIQUES.
NO MATS ARE REQUIRED.**



**SKYLINE HILLS LIBRARY
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SAN DIEGO, CA 92139
(619) 527-3485**



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