



SKYLINE HILLS LIBRARY



YOGA CLASS



**FRIDAY, MAY
3RD, 10TH, 17TH, 24TH AND 31ST
10:45 AM TO 11:30 AM**

**JOIN US FOR A LOW-IMPACT YOGA
INSTRUCTION WITH STRETCHING
AND BREATHING TECHNIQUES.
NO MATS ARE REQUIRED.**



**SKYLINE HILLS LIBRARY
7900 PARADISE VALLEY RD
SAN DIEGO, CA 92139
(619) 527-3485**



**Public
Library**