## Alzheimer's SAN DIEGO

## Care Options: Living at Home



Is it time for more help? Join us to learn about **in-home care options** and community-based resources such as adult day care, care management, and more.

## FREE & open to the community!

For more information or to preregister visit **alzsd.org/classes** or call **(858) 492-4400**.



Wednesday, July 3, 2024

10 - 11:30 AM

Valencia Park /
Malcolm X Library

5148 Market St, San Diego, CA 92114 (619) 527-3405

Sign up:



