

# Meditation @ ALA

**Neil Morgan  
Auditorium**

**Monday, July 1, 2024  
11am-11:30am**



**ft. Jeffrey Zlotnik**

**Relax and Recharge!**

ALA attendees and SDPL staff, take a few moments to recharge at the Central Library and experience the value of mindfulness with Jeffrey Zlotnik, co-founder and CEO of the Dharma Bum Temple.

**SCAN ME!**



**San Diego Central Library**  
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