

Dementia 101



An **introduction** to mild cognitive impairment, Alzheimer's disease, and other dementias. Learn information about **risk factors, common symptoms, and resources for help.**

FREE & open to the community!

For more information or to pre-register visit alzsd.org/classes or call **(858) 492-4400**.

**Wednesday,
February 5, 2025**

10 - 11:30 AM

**Valencia Park /
Malcolm X Library**

**5148 Market St,
San Diego, CA 92114
(619) 527-3405**

Sign up:

