## SDAIHC Tabling Program

## 1st Fridays 2:30 to 4:00 PM



The San Diego American Indian Health Center (SDAIHC) will be sharing helpful educational materials and exciting information about our upcoming events and programs for youth and families. We offer a variety of fun, family-focused activities open to all San Diegans — including cooking classes, fitness activities, art projects, and cultural crafts. There's something for everyone, and we can't wait to see you there!





## **Tierrasanta Branch Library**

4985 La Cuenta Dr | 858-573-1385 facebook.com/TierrasantaLibrary