

# Communication Skills



Develop new skills for connecting and communicating more effectively with a person experiencing memory loss, and **strategies on how to respond** when interactions are challenging.

**FREE & open to the community!**

For more information or to pre-register visit [alzsd.org/classes](http://alzsd.org/classes) or call **(858) 492-4400**.

**Wednesday,  
February 4, 2026**

**10 - 11:30 AM**

**Valencia Park /  
Malcolm X Library**

**5148 Market St,  
San Diego, CA 92114  
(619) 527-3405**

**Sign up:**

