



Free Health Workshop: Opioids and Their Impact on Mental Health

Presented by Sharp HealthCare

Wednesday, July 10, 2019

Noon to 1 p.m.

Pacific Beach/Taylor Branch Library

4275 Cass Street

San Diego, CA 92109

When a loved one battles opioid addiction, they are likely to struggle with mental health issues as well. In this free workshop led by a Sharp Mesa Vista Hospital clinician, you will learn about the difference between opiates and opioids, the most commonly used opioids, their related impact on mental health and treatment options.

To register, call 1-800-82-SHARP (1-800-827-4277) or visit sharp.com/citywellness.

Sharp HealthCare is proud to be the official Health and Wellness Partner of the City of San Diego.

District 2 Councilmember Jennifer Campbell is a proud supporter of this workshop.