MENTAL HEALTH RESOURCE FAIR

Mental Health Resource Fair

Tuesday, March 19 • 10:00 a.m. – 7:00 p.m.

Come to a free, informational fair with resources from local mental health and medical groups & wellness–based programming.

Schedule of Events

10 – 3 p.m.	**CalFresh Enrollment** • *Mary Hollis Conference Center*	
3 – 4 p.m.	**Create Art with Heal with HeART** • *Room 222*	
	Meditation • *Courtyard*	
3 – 4:30 p.m.	**Suicide Prevention Training** • *Neil Morgan Auditorium*	
3 – 5:30 p.m.	**Resource Fair** • *Lobby*	
	Reptile Petting and Art Program • *Denny Sanford Children's Library*	
4 – 5 p.m.	**Zentangle** • *Mary Hollis Conference Center*	
6 – 7 p.m.	**Voices of our City Choir Performance** • *Neil Morgan Auditorium*	

INSTITUTE of Museum and Library SERVICES

SD

San Diego Central Library @ Joan Λ Irwin Jacobs Common

330 Park Blvd • 619-236-5800

Partners

2-1-1 San Diego
Community Health Improvement Partners (CHIP)
County of San Diego Behavioral Health Services
Courage to Call
ECS Friend to Friend Program
Family Resource Center at Hannah's House
Feeding San Diego
Hannah's House
Homeless Empowerment through Art & Leadership (HEAL)
Healthy Adventures
LiveWell
McAllister Institute
Mental Health Systems
National Alliance on Mental Illness in San Diego (NAMI San Diego)
Roadmap to Recovery
San Diego County Health & Human Services
Sharp
Think Dignity
UC San Diego Center for Healthy Eating and Activity Research (CHEAR)
UC San Diego Health CREST Community Program

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